



MEETING INTERNACIONAL CIUDAD DE LA CORUÑA OPTIMIST CLASS

Organised by Real Club Náutico de La Coruña
& Race Committee Semana Novagalicia Banco
9th-12th October 2014

NOTICE RACE

The "Meeting Internacional Ciudad de La Coruña" for Optimist Class, will be held in La Coruña, from 9th to 12th October 2014 both inclusive, organised by the Real Club Náutico de La Coruña and Race Committee Semana Novagalicia Banco, with the support of RFEV, FGV and AECIO.

1. RULES

The regatta will be sailed under the following rules:

- a. The "rules" as defined in The Racing Rules of Sailing 2013-2016 (RRS).
- b. RSS Appendix P, Special Procedures for Rule 42, will apply.
- c. If there is a conflict between languages, the English text will take precedence.
- d. Team leaders, coaches and other support personnel must wear a personal flotation device (PFD), properly secured at all times at sea. All the coaches' boats must carry VHF radio at all times while in the water.

If there is a conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall prevail.

2. ADVERTISING

Competitors must comply with ISAF Regulation 20.

3. ELEGIBILITY

All entries shall meet the requirements of ISAF Regulation 19 – Eligibility Code and the Prescriptions of RFEV to this regulation.

4. CLASSES TO COMPETE

The Event is reserved for "optimist": Category "A" (born 1999, 2000, 2001), Category "B" (born 2002, 2003) and Category "C" (born 2004, 2005). Sailors born in Categories "B"





and "C" will be able to sail in the higher category, if they accredit quality always and when available places exist.

5. ENTRIES AND REGISTRATION

5.1 Pre-registrations shall be dully complied through the Event Official website:

www.semanadelatlantico.com

5.2 There is limited number of entries for the "Meeting Internacional Ciudad de La Coruña". A pre-entry period is established as follows: From 31st march to 31st August, 2014. Registrations only will be confirmed upon registration fee payment, before the entry deadline. The Organizing Committee reserves the right to accept entries received after the entry deadline. These entries will have to pay a 100% increment of the entry fee.

5.3 The entry fee for sailor and coach are:

- 30 €, only entry
- 80 €, with entry & breakfast and dinner
- 125 €, with entry, accommodations & breakfast and dinner (*)
- 150 €, with entry, accommodations & breakfast and dinner (**)

(*) Students Residence: Arrival 9th October, departure 12th October.

(**) Official Hotel Carrís Marineda City: Arrival 9th October, departure 12th October.

<http://www.carrishoteles.com/hoteles/coruna/hotel-carris-marineda-coruna.html>

Bank details to payment: NOVAGALICIA BANCO ES53 2080 0000 71 3040134136

Entries must be sent to: Real Club Náutico de La Coruña regatas@rcncoruna.com

Race Manager: Alberto Bolibar +34 608943715

5.4 Registration of competitors

5.4.1 Each competitor or team representative must personally register and sign the Registration Form at the Race Office before 19.00 h on the 9th October 2014.

5.4.2 On registration all participants will be required to show:

- Spanish competitors will have to show the current year's national sailing federation license.
- The foreign sailor who don't have a sailing federation license or an athletes medical insurance with accident coverage, will have to prove to posses an accident and illness insurance valid in Spain.
- Class card member accreditation.
- Minimum third part liability insurance of 300.500 € (foreign competitors).
- Coaches must register and show coach federal license, motorboat registry and insurance.





6. SCHEDULE

- 9th October – Sign in at the Registration office and Sailing Instructions available.
- 10th October - Warning signal 1st race, 11.00 AM
- 11th October – Warning signal 1st race of the day 10.00 AM
- 12th October – Warning signal 1st race of the day 10.00 AM, and after racing prize giving ceremony.

7. COMPETITION FORMAT & COURSES

- 7.1 "A" & "B" categories will sail in groups. "C" category will sail in fleet races.
- 7.2 Number races: "A" & "B" (9), "C" (6)
- 7.3 Courses will describe in the Sailing Instructions

8. SCORING

The low-point scoring system, RRS Appendix A 4.1, will apply.

9. PRIZES & SOCIAL EVENTS

The Official Trophies List & Social Events will be published on the ONB (Official Notice Board), before 08.00 PM 9th October 2014.

10. DISCLAIMER OF LIABILITY

- 10.1 Competitors participate in the regatta entirely at their own risk.
- 10.2 The organisation authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 10.3 Notice is drawn to RRS.4, which states:
"A boat is solely responsible for deciding whether or not to start or to continue racing".

11. MARINE HEAD OFFICE

- 11.1 Competitors are reminded of the obligation to comply with the rules and law regarding maritime traffic, which will prevail over the sport rules.
- 11.2 The support boats will have a mooring place reserved for them at the REAL CLUB NAUTICO DE LA CORUÑA during the regatta as long as they have previously registered at the Race Office.

12. BOAT CHARTER

NAAIX (e-mail) info@naaix.com (tel) +34937501220

La Coruña (Spain), December 2013
Charmain Organizing Committee

